

1. FUNFILLED AFTERNOON

Time: 2:20

It's a high energy mix of Rock / Grass everyone will enjoy to sing along with. For it's about a family going to the beach together for a fun-filled afternoon. There are also some positive safety awareness issues thrown in amongst all the fun.

2. BEND YOUR KNEES Time: 2:05

This up-tempo **Swing / Grass** song focuses on taking good care of your back, whether at work or play. It also highlights the thought that even Superman has learnt the values of taking good care of his back; he too needs to take good care.

3. STOP, LOOK & LISTEN Time: 2:18

It's an up-tempo **Folk** song about Crosswalk Safety Awareness with an emphasis on being as careful as you can be at all times. As a child, I was taught to stick my finger out and make eye contact with the drivers before crossing the street and that is something I still do as an adult.

4. UP TO BAT Time: 3:02

This animated Rock n Roll baseball song was inspired by a conversation I had with my son who played baseball in the Little League. It's about developing good self-esteem, embracing fair play, accepting the challenge and trying to do your best.

5. I'VE NEVER EVER BEEN THE SAME

Time: 2:49

This heartfelt song is a gentle mix of Folk, Jazz and delightfully showcases the Glen Park Children's Choir. I believe it is not until you become a parent that you re-discover the true joys that life has to offer. Such a moment occurred as I helped my children learn to read and write, and watched them discover in themselves the incredible freedom that reading and writing has to offer. I too am a passionate reader.

6. TURN THE CASSETTE OVER PLEASE Time: 0:30

Cardboard Wings was originally released on cassette. I thought, at the time, that it would be fun to have Ashley and Shalev do a cute little bit about turning the tape over and it worked out great. So I decided to keep it on when it was released on CD just for fun.

IshdafishMusic

Proudly Presents

Ish's

DEBUT CHILDREN'S CD

Cardboard Wings

7. I'VE GOT A HOLE IN MY UMBRELLA Time: 3:11

This highly animated song was originally recorded and released in 1986 by Musical Clown Duo: Ish & Lenny. It's a rich mix of off -the - wall Circus - Jazz with fantastic sound effects and ten highly motivated children singing along. Get out your rain gear and sing along.

8. TALE OF A WHALE Time: 2:50

This animated, up-tempo **Bluegrass** song will have everyone singing and laughing along. It's a Concert favorite about the joys of daydreaming and your favorite bath tub toys. And, one of my favorite songs I have ever written and love to play.

9. THREE TIMES A DAY Time: 2:29

Here is a toe-tapping, boogie-woogie **Blues** tune about something we should all remember to do each day. Brush and floss our teeth of course.

10. CARDBOARD WINGS Time: 2:53

While performing at a Children's Festival in Saskatchewan, I saw a little boy and his Parents in the park making some cardboard wings so the young lad could fly.

He was wearing a helmet and elbow pads and when it was completed he jumped off a picnic table. He didn't fly, yet, I overheard him say to his parents, "That's okay. Tomorrow's another day."

Like magic, this story based **Folk** song immediately wrote itself. I really love this song. For it reminds me that if you mix passion with commitment and good will, anything is possible.

11. LIGHT OF DAY Time: 3:35

When my kids were young I would sing songs and tell them stories at bedtime. One night they made me aware that many of my songs were so lively; they wondered how they would ever get to sleep.

Inspired by that challenge I then decided to write this gentle Folksy Lullaby that they would enjoy.

It's about them running happily to our bed side in the morning light and sharing their dreams. What a wonderful way to start or end the day as well as this family friendly CD. I hope you do agree.

To Listen to and Purchase Ish's family friendly recordings please check out his Online Stores: CDBaby, http://www.cdbaby.com/ish13 &

IshdafishMusic Canada at Bandcamp, http://ishdafishmusiccanada.bandcamp.com
To learn more about Ish please visit his fun filled and informative Website, www.ishdafish.ca
Feel free to Email us ishdafish@musician.org

Interesting note, Bandcamp provides the listener the opportunity to hear the songs in their entirety for free and we think that is a wonderful idea may someone be interested in purchasing Ish's recordings or simply taking the time to listen, enjoy and discover something new.

